

Alpha Phi Omega – Nu Rho
College of William & Mary
Service projects and contact information

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Service Contact Information

Alpha Phi Omega National Website

www.apo.org

Office of Community Engagement and Service

Drew Stelljes, Director

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*Email Melody Porter to add yourself to the OCES listserv for more service opportunities!

W&M Student Organizations: lists all advocacy and volunteer organizations on campus!

<http://web.wm.edu/studentactivities/>

Service Requirements for Active Membership:

- ❖ 25 hours of service, and only ½ these hours can come from Campus Escort
- ❖ 2 weekend escort shifts
- ❖ Service hours must come from 2 different projects (this can include escort)
- ❖ Participation in 1 major APO-related events, listed by the Service VP

Policy on Service Trips/service done over breaks:

- ❖ Brothers can count 10 hours from summer/winter/spring break(s) toward their active brother requirements
- ❖ Brothers should still report all of their service hours to give us an accurate service total for the chapter
 - i.e. if a brother does 30 hours of service over summer break, they should report 30 hours on their card, but can still have to earn 15 hours to make requirements
- ❖ Brothers may count 10 hour periods from multiple breaks toward active brother requirements
 - i.e. if someone goes on a trip over winter break and another over spring, they can count 10 hours per trip toward their requirements, so they would only need 5 more hours

What counts as service?

- ❖ Cannot be counted toward another organization/cannot count things that are required for another organization/class/project
- ❖ Cannot be a fundraiser, unless it is Relay for Life
- ❖ Giving tours (of campus, the Wren, etc) does count as service

How to start a project:

1. Come up with an idea!
2. Talk to the Service VP & Project Coordinators
3. Research! Is training required? What is the time commitment for volunteers? Will we need to provide transportation?
4. Present your idea to the brotherhood
5. Once it is approved, start recruiting from the brotherhood, set up training dates and volunteer schedules 😊

Tutoring Projects

❖ Brotherhood Tutoring

- What: Tutoring APO brothers in specific subjects
- When: Whenever someone needs some help!
- Where: Your call ☺
- Project Head: Anna Jean Wirth (ajwirt)
- Sign up by emailing Anna Jean and informing her of which subjects you can tutor in
- Good project if you like teaching people your own age, or would prefer to make your own schedule to volunteer on campus

❖ James Blair Middle School*

- What: Tutoring middle school students in specific subjects
- When: During their school day, based upon a monthly schedule
- Where: James Blair MS
- Project Head: Nithya Jayakumar (nxjaya@wm.edu)
- Sign up by emailing Nithya for the schedule
- Transportation is required
- Good project if you like tutoring specific subjects, and prefer working with older kids

❖ Matoaka Elementary School*

- What: Tutoring elementary school students – up to 2 kids, one day per week, for 30 minutes each. **Must commit to one time and one child.**
- When: 4-5PM on Tuesdays or Thursdays, or both.
- Where: Matoaka Elementary
- Project head: Grace Heusner (grace.heusner@gmail.com)
- Transportation is required
- Must require an orientation session, which will be held in mid-September
- Good project if you can't get enough of long division or reading ☺

❖ Matthew Whaley

- What: Tutoring 3rd-5th graders in math or reading
- When: Specified Tuesdays and Thursdays at 3:45, exact dates will be emailed out monthly
- Where: Meet at the DoG Street side of the Wren to walk to the school together
- Project Heads: Paige Roseman (plroseman) & Mike Boyer (msboyer)
- Good project if you need something close to campus, and love working with hilarious kids

❖ Rita Welsh

- What: Teaching English to adults in the Williamsburg area
- When: Sign up for a weekly shift (must commit for the semester), Monday to Thursday from 9am-8pm
- Where: Rita Welsh Center (basement of Bryan, near Richmond Road)

- Project Head: Carolyn Shinn (ceshinn)
- Online orientation is required, visit www.adultliteracywilliamsburg.org
- Good project if you have proficiency in another language (but this isn't required) and if you need something on campus and on your own schedule

Physical Health/Advocacy

❖ Blood Drive

- What: Donating blood or work as an assistant at the canteen
- When: Dates and times TBA, usually 2-3 times per semester
- Where: Trinkle Hall, Campus Center
- Project Head: Katie Huenerberg (kahuen@wm.edu)
- Sign up on the Red Cross website, dates and times of the drive will be announced in the weekly service email as the drive gets closer
- Requirements: Must weigh at least 110 pounds and be in good health, check the restrictions for traveling outside the country before signing up
- Good project if you aren't freaked out by needles, and if you have trouble getting off campus to do service/cannot do service on a regular basis

❖ Ronald McDonald Tab Collection (gathered 10,000 tabs last semester! Drop!)

- What: Collect soda tabs, or make posters/tab holders to advertise and encourage people on campus to donate their tabs
- When: Ongoing, do this on your own time
- Where: Wherever you find tabs ☺
- Project Head: Sarah McKinstry (skmckinstry@wm.edu)
- Counting hours: ½ hour per poster, ½ hour service per 30 tabs
- Good project if you drink a lot of soda... or need something to do on campus/on your own time!

❖ Sentara Hospital*

- What: Work with various wards and patients; transport patients around hospital
- When: Must commit 3 hours per week
- Where: Sentara Hospital
- Project Head: Kimy Javier (kajavier)
- Requires training and orientation sessions which happen at the beginning of each semester
- Requires transportation
- Good project if you like applying interest in medicine to actual patients

Mental Health/Advocacy

❖ ARC*

- What: Helping with various activities for adults in the Williamsburg area with mental disabilities
- When: Dates vary by month
- Where: Locations TBA
- Project Head: Jenny McConnell (jgmcco@wm.edu)
- If you want to get dates/times/locations for ARC events, email Jenny and she will put you on the listserv to get all the information
- Good project if you want to make a difference in the lives of adults with disabilities and show the community the importance of supporting mental health awareness

❖ Dream Catchers*

- What: Therapeutic riding center for children with special needs, including but not limited to autism and Down syndrome.
- When: For individuals with transportation: Saturday mornings and some weekdays, based upon your schedule. Group projects will take place on Saturdays, dates TBA.
- Where: Horseback riding farm about 30 minutes away
- Project Head: Jen Lopdrup (jflopdrup@wm.edu)
- Transportation and training required
- Good project if you enjoy working with horses and a group of really incredible kids

❖ Special Olympic Swimming

- What: Help with swim lessons/recreational swimming for kids with disabilities
- When: Saturdays at 10:30am
- Where: Meet at the SC steps to drive over
- Project Head: Lauren McDaneld (lnmcdaneld)
- Good project if you love sports and working with kids!

Projects with Kids

❖ Boys & Girls' Club*

- What: Working with kids after school so they don't go home unsupervised, provide them with a positive role model
- When: Friday afternoons, 3:30-6:00
- Where: Location TBA
- Project Head: Ryan Youell (rayouell@wm.edu) & Allison Whetzel (abwhetzel@wm.edu)
- Must complete a background check! Ask Ryan or Allison for one to complete
- Good project if you like spending time with kids

❖ James City Youth Soccer Coaching* → **NEEDS PROJECT HEAD**

- What: positions as assistant or head coach to work with kids (grades 1-12) during practice and games
- When: 1 hour-long practice per week, with games on weekends
- Where: WISC or Warhill fields
- Project Head:
- Sign up at the beginning of each semester by emailing the project head - signing up commits you for the entire semester!
- Must provide own transportation
- Good project if the combination of hyper children and sports sounds irresistible to you!

❖ Middle School Dance Chaperoning

- What: Chaperoning those wild middle school kids at their school dances
- When: Dates are TBA and will appear in the weekly service emails
- Where: Locations are TBA and will appear in the weekly service emails
- Project Head: Margaret Pham (mkpham@wm.edu)
- Sign up by emailing Margaret
- Tips: Dress modestly and wear close-toed shoes
- Good project if you miss those angsty middle-school days (☺), and cannot do service projects on a regular basis

❖ YMCA Daycare

- What: Help babysit/play with kids ranging from 3-4 months to 5 years at the YMCA child development center
- When: Fridays from 3:30 to 5:30
- Where: Meet at the SC Steps to drive over together
- Project Heads: Shewit Giovanni (spgiouv) & Cassandra Strunk (cvstru)
- Sign up with Shewit or Cassandra ahead of time to reserve a spot!
- Good project if you need an excuse to play patty-cake and run around the playground now and then!

Projects with the Elderly

❖ APO READ/Blayton Building

- What: Play Pokino and Bingo with the awesome residents of the Blayton Building
- When: Tuesdays at 3:15, get back around 4:30
- Where: Blayton Building, meet at the SC steps to walk over together
- Project Head: Ashley Stright (alstri@wm.edu) & Sarah Ebert (skebert@wm.edu)
- Good project if you like getting to know people, and need a project within walking distance

Projects with Animals

❖ Gone to the Dogs

- What: Walking dogs, cleaning kennels, and doing chores around the shelter grounds, and sometimes advertising the dogs at Petsmart!
- When: Saturday mornings
- Where: Dog shelter about 20 minutes away
- Project Heads: Becca Easter (reeaster@wm.edu)
- Transportation and signing up is required!
- Good project if you love dogs and being outside!

❖ Heritage Humane Society*

- What: Walking dogs and petting cats!
- When: Based on your own schedule ☺
- Where: Heritage Humane Society
- Project Heads: Paige Roseman (plrose@wm.edu)
- Transportation and a brief training session is required

- Good project if you love animals and need a project you can do on your own time!

Environmentalism

❖ APO Recycling

- What: Monitor/empty recycling bins in academic buildings on campus
- When: Every Friday, time depends on building assignment
- Where: on campus
- Project Heads: Olivia Walch (ojwalch)
- Sign up by emailing Olivia
- Good project if you don't have a car!

Projects supporting soldiers

❖ Blankets for Hope

- What: Designing quilt squares to put together and send to a soldier overseas
- When: Dates and times TBA, will happen 1-2 times per semester
- Where: Location TBA, but definitely on campus
- Project Head: Ashley Nguyen (hanguy)
- Good if you have a creative streak and need to do something on campus

❖ Soldiers' Angels

- What: Writing letters to soldiers, or being assigned to a specific soldier and sending them weekly letters and monthly care packages
- When: On your own time, depends on level of commitment
- Where: Wherever you'd like!
- Counting hours: ½ hour per letter
 - All letters must be handwritten, and the content of one letter cannot be recopied into multiple letters
- Project Heads: Kirstie Brenson (kabrenson@wm.edu) & Katie Boretsky (klbore@wm.edu)
- Good if you have trouble getting off campus, or if your free time isn't that consistent!

International Projects

❖ Books for Africa

- What: Collecting donated books to send to schools in Africa
- When: Collection/assembly times and dates TBA
- Where: Location TBA, probably the Escort House
- Project Head: Cristina Hughes (cehughes@wm.edu)
- Good project if you want to make an international difference from the 'burg, and need a project on campus

Fighting Domestic Violence & Poverty

❖ Avalon*

- What: Working at a shelter for battered women and children
- When: Shifts are on an every-other week basis
- Where: Avalon Shelter in Williamsburg
- Project Head: Katie Bradt (klbradt@gmail.com)
- Training and background checks are required, email Katie for more information
- Good project if you have an interest in advocacy or social work

❖ Campus Kitchens

- What: Making meals and delivering them to low-income housing families and Avalon
- When: Shifts run Monday-Friday, cooking shifts from 8-10pm
- Where: Cooking shifts in the basement of the Caf, delivery shifts go around the Williamsburg area
- Project Head: Jenn Quigley (jlquigley@wm.edu)
- Sign up with Jen or online at <http://www.wm.edu/so/campuskitchensproject>
- Good project if you like to cook and need something on campus

❖ Housing Partnerships

- What: Building/repairing homes in the Williamsburg area
- When: Saturday mornings, beginning after Spring Break
- Where: Meet at the SC steps to drive out together
- Project Head: Stephanie Lloyd (sllloyd@wm.edu)

- Sign up ahead of time as transportation is limited!
- Good project if you like to hands-on work and projects where you can see the results of your work right away 😊

APO Nu Rho Membership Policy Alcoholic Beverages

1) Be advised that the consumption of alcohol by any persons under the age of 21 is illegal according to the Law of the Commonwealth of Virginia.

2) No brother, neophyte, or pledge may under ANY CIRCUMSTANCES consume, supply, or bring alcohol to an "APO event." An APO event is any event recorded in the official minutes of an Executive Board meeting, thereby sanctioned by the Executive Board. APO events include all pledging events and clue week. The single exception to this policy is the Senior Toast, which is held annually at Spring Formal.

3) Requiring or compelling the forced consumption of any liquid (including alcohol) or solid substance is against the William and Mary Statement on Hazing. Therefore, no pledge is required or should feel compelled to drink any alcoholic beverage in order to complete requirements or participate in any social activities. Any brother found in violation of the William and Mary Statement on Hazing may be tried by the Executive Board.

4) Any brother, neophyte, or pledge may report a hazing or membership policy violation. After a report has been filed regarding an alleged hazing violation, the offending brother may only be brought to trial with the consent of the victim.

5) Violations of the Alpha Phi Omega Nu Rho Membership Policy will be handled by the Executive Board, in the manner described by the Alpha Phi Omega Nu Rho Bylaws.

APO Nu Rho Bylaws, Nu Rho Chapter of Alpha Phi Omega, The College of William and Mary

